## The University of Economics, Prague The Department for the Administration of Facilities Order of the Director DAF VŠE in Prague No. 30/2020

Ref. No.: VŠE/5245/7000/2020 Reg. No.: VŠE/8373/2020

## Rules for the operation of study rooms and gyms on VŠE dormitories - change of the order of the director of DAF VŠE No. 29/2020

Valid from 30. 09. 2020, I am changing point 1) of the order of the director of DAF VŠE No. 29/2020 of 24. 09. 2020, the use of study rooms and gyms on VŠE dormitories is permitted, provided that the following rules for the use of these premises are observed.

## Rules for the use of study rooms at the dormitories of VŠE in Prague:

• The study room can be used by a maximum of two students,

• upon entering the study room, students disinfect their hands and work place - table and chair,

• if they are in the study room for two, they will use a veil and keep a spacing of min. two meters, (ideally use tables in opposite corners of the study),

• in one day the study room will be ideally enjoyed by the same students, they will not take turns there,

• if students want to take turns, eg another student in the morning and another in the afternoon, the study room should be ozonated and properly ventilated after use,

• if the study room is used by two students at the same time, they will, if possible constantly or at regular intervals, ventilate,

• when leaving the study room, everyone disinfects the workplace - table and chair – and properly ventilated after use,

• every morning, the study room must be ozonated (if it was used on the previous day).

## Rules for the use of gyms at the dormitories of VŠE in Prague

• Gyms may only be used by people without symptoms of an infectious disease (especially fever, cough, runny nose, shortness of breath, indigestion, loss of smell, general weakness, or other symptoms).

• 1 person per 10 m2 can be present in the gym, so that there must be a spacing of at least 2 m between the individual persons. This also applies to securing, for example, during a bench press. (In the gym, these distances will be clearly marked.)

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Dormitory	Maximum number of people
Blanice	8
Rooseveltova	2
Švecova	2
Thalerova – women	3
Thalerova – men	3

Palachova B	5
Palachova C	5
Eislerova	3
Jarov II	3

• Entry and exercise in the gym is possible at all times only with respiratory protective equipment (mask, respirator).

• It is forbidden to use toilets and change clothes in the gym.

• Before entering the gym, everyone washes and disinfects their hands. (Disinfection will be placed before entering the gym.)

• Exercisers are required to ventilate the gym permanently during exercise.

• Each trainee is required to disinfect all areas of the exercise equipment he / she will touch (any part of the body) using the disinfectant and disposable wipes placed in the gym before starting the workout. He will do the same after completing the exercise on the tool.

• Ozonization and ventilation of the gym every morning (when using the gym on the previous day).

See also: <u>https://koronavirus.mzcr.cz/pozadavky-na-provoz-posiloven-telocvicen-a-fitness-center/</u>

In Prague, September 29<sup>th</sup>, 2020

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