

Appendix No. 2 Instructions for accommodated residents:

BEFORE INTERVENTION:

1. Suspicion of bedbugs or finding bedbugs must be reported IMMEDIATELY to the staff of the dormitory/the centre and (where the reception is located) to the reception staff and recorded in the ISKAM system as an urgent defect.
2. Residents are obliged to cooperate with the management of the dormitory/centre and follow their precise instructions.
3. Residents are obliged to exclude visitors to their room and at the same time not to visit other rooms and common areas of the dormitory.
4. Residents are not allowed to move and manipulate with the furniture of the room/unit, they are not allowed to take things (even personal items) out of the room into the corridor, they are not allowed to take them to another room or outside the dormitory premises (in exceptional cases only after a thorough inspection and consultation with a DDD worker).
5. Preparation of the room before the intervention of the DDD company – before its arrival:
 - a. Store personal belongings in plastic bags. All clothing, accessories (shoes, belts, etc.) and personal belongings **MUST pass through the** freezer for 48 hours or through the washing machine at 60 °C !! – always according to the instructions of the dormitory management.
 - b. Remove bed linen, store in extra bags, put in the freezer or wash at 60 °C.
 - c. Items that the resident needs for their stay outside the room thoroughly inspect in cooperation with a DDD worker, exclude the occurrence of bedbugs, or treat them with a worker of the DDD company.
 - d. Empty the cupboards, bedside table, desk, bed storage, shelves, drawers, racks – place things in plastic bags, leave them tied up in the room.
 - e. Bags with personal belongings should be left alone in the event of an intervention by the DDD company.
 - f. Attention!!! Bedbugs can also be found in electronics. Therefore, do not take the laptop and other electronics away and rather check it thoroughly with a worker of the DDD company.
 - g. Thorough cleaning of the room – wipe the dust, vacuum the floor and other places, be careful to vacuum with a specially designed vacuum cleaner borrowed by FMD(SÚZ) employees.
 - h. Place the contents of the vacuum cleaner bag in a plastic bag and dispose of it after thorough freezing or DDD treatment by a worker of the DDD company, clean the vacuum cleaner hose with water at a temperature of 60 °C, which you let flow through the hose for 5 minutes or have it treated by a worker of the DDD company.
 - i. Treatment of objects
 - I. If it is possible to treat objects and bedding with a chemical product, it is advisable to leave them alone during the DDD intervention.
 - II. After the DDD intervention, the bedding should be taken to the laundry room and washed at a minimum of 60 °C (killing all stages, lower temperature does not guarantee egg death).
 - III. Bedding or other linen can be treated with high temperature during ironing.
 - IV. Items that **cannot be treated chemically and cannot be left alone;**
Consult the method of treatment with a worker of the DDD company or:
 - put the knitted clothes in the freezer or treat them with a steam cleaner,
 - shoes, handbags, suitcases, books, etc. put in the freezer or have DDD treated by a worker of the DDD company,

- Electrical appliances (laptop, radio, TV, etc.) are visually inspected, wiped with a cloth and vacuum its fan openings.
 - Vacuum armchairs, tables with a vacuum cleaner and treat them with a steam cleaner.
6. Important notes:
- a. Insecticides to kill bedbugs cannot harm you if you OBSERVE the withdrawal period set by the DDD technician (e.g. 4 to 8 hours). After the protection period has expired and after thorough ventilation, the stay in the room is safe.
 - b. Bedbug monitors are designed to monitor bedbugs and cannot harm you. Do not remove them and leave them in place.
 - c. The occurrence of bedbugs, especially after the first intervention, is common and is not a sign of ineffectiveness of the treatment. Insecticides may not immediately affect all bedbugs, bedbugs will only come into contact with it in the following days, when they come out of hiding. (Affected bedbug stays in hiding for few days.) Some insecticides have a so-called delayed effect and the bedbug dies only after a few days after contact and also no insecticide kills the eggs, it destroys only the individuals that hatch from them.
 - d. After the withdrawal period expires you can sleep in the bed without any problems. Cover the bed with clean bed linen (do not sleep in uncovered bedding). Ideally, sleep in pyjamas that cover most of the loose skin.

AFTER THE INTERVENTION:

1. It is possible to return to the room after the protection period, after the product has dried (as recommended by the DDD technician, usually 4 to 8 hours).
2. Change the bed linen.
3. Be careful **not to wipe the room!!** Carpet, upholstered furniture – **do not vacuum!!**
4. Wipe only surfaces that could come into contact with food.
5. Do not handle the furniture in the room/unit, it is strictly forbidden to bring new furniture.
6. Items that have been heat-treated or washed after the first intervention should be stored in sealed bags at a sufficient distance from the infested bed/furniture.
7. Wash bed linen 1× a week (min. at 60°C).
8. **IT IS STRICTLY FORBIDDEN TO USE YOUR OWN PURCHASED INSECTICIDES** – they are ineffective and their effect is that they expel (repel) bedbugs from the room and further infestation of the dormitory occurs.
9. Inform the dormitory / centre management about the occurrence of bedbugs after the first spraying
10. Your belongings only need to be in your room. There is no such thing as your towel hanging loose in the bathroom.
11. It is strictly forbidden to visit other rooms and use the common areas of the dormitory (gym, study, shared kitchen). Pay attention to the safety of others!
12. In case of severe infestation of the room and following the instructions of the dormitory/centre management, leave the room only in clean clothes that has passed through the washing machine or freezer. Used laundry store in sealed bags and wash it again at 60 °C or let it pass through the freezer.
13. Before the next intervention (after about 10-14 days), you need to do the same cleaning of the room (the number of necessary room treatments to exterminate bedbugs is 2 to 3 times).
14. If you have any questions, please contact the dormitory/centre management.